

COURSE TIMETABLE / 10-WEEK MID-WEEK

Professional Mediation Course

29 October – 16 December 2026

19 NUMBERED
SESSIONS**02** Q&A
SESSIONS**21** SCHEDULED
MEETINGS

Week 01

THURSDAY 29 OCTOBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Thu 29 Oct	14:00–15:30	S1	Introduction	1.5h

Week 02

3–5 NOVEMBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Tue 03 Nov	14:00–16:00	S2	Overview Mediation	2h
Wed 04 Nov	14:00–16:00	S3	Basic Communication Techniques	2h
Thu 05 Nov	14:00–16:00	S4	Understanding Conflict	2h

THE COURSE AT A GLANCE

Oct 29
OPENING**Nov 03–26**
CORE SESSIONS**Dec 01–16**
FINAL SESSIONS

Week 03

10–12 NOVEMBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Tue 10 Nov	14:00–16:00	S5	Prephase of Mediation and Opening of Mediation (Phase 1)	2h
Wed 11 Nov	14:00–16:00	S6	Phase of Mediation: Topic collection, Agenda Setting (Phase 2)	2h
Thu 12 Nov	14:00–16:00	S7	Phase 3 of Mediation: Exploring Interests 1 (focus on questions)	2h

Week 04

17–19 NOVEMBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Tue 17 Nov	14:00–16:00	S8	Phase 3 of Mediation: Exploring Interests 1 (focus on communication)	2h
Wed 18 Nov	14:00–16:00	S9	Practice Session Phase 1-3 and Open Discussion (2 HOURS) - Workplace case	2h
Thu 19 Nov	14:00–15:00	Q&A	Question & Answer Session (Q&A)	1h

Week 05

24–26 NOVEMBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Tue 24 Nov	14:00–16:00	S10	Phase 4+5 of Mediation: Option, Solution, Agreement	2h
Wed 25 Nov	14:00–16:00	S11	Mediation and Negotiation	2h
Thu 26 Nov	14:00–17:00	S12	Practice Session Phases 3-5 and Open Discussion (3 HRS) - Commercial Case	3h

Week 06

1-3 DECEMBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Tue 01 Dec	14:00-16:00	S13	Power of questions	2h
Wed 02 Dec	14:00-17:00	S14	Practice Session All Phases - Workplace Case (3 HRS)	3h
Thu 03 Dec	14:00-16:00	S15	Emotions in Mediation	2h

Week 07

8-10 DECEMBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Tue 08 Dec	14:00-17:00	S16	Practice Session Full Mediation and Open Discussion (3 HRS) - Family Case	3h
Wed 09 Dec	14:00-17:00	S17	Consensus Building and Dialogue	3h
Thu 10 Dec	14:00-16:00	S18	International Conflict Case Study	2h

Week 08

15-16 DECEMBER

DATE	TIME	SESSION	SESSION / TOPIC	HOURS
Tue 15 Dec	14:00-15:30	S19	Final session (1,5 hrs)	1.5h
Wed 16 Dec	14:00-15:00	Q&A	Question & Answer Session (Q&A)	1h